



**November 14, 2010**

Portsmouth High School - 50 Andrew Jarvis Dr., Portsmouth, NH

Walkers start at 8:00am - Runners start at 8:30am

More information at: [www.seacoasthalfmarathon.com](http://www.seacoasthalfmarathon.com)

**Mailed applications must be postmarked by August 13, 2010.**

**Race limit: 1,200 entrants. Check website for updates on # of entries received.**

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## Seacoast Half Marathon Entry Form - 2010

*Please Print Clearly*

**First Name**

**Address**

**Last Name**

**City**

**Age on  
11/14/10**

**Shirt: S M L XL**

**State**

**Zip**

**Male**

**Female**

**Email**

**Runner**

**Competitive Walker**

**Phone**

**Team Name**

I know that running is a potentially hazardous activity, and that I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely compete in this race. I assume all risks associated with this race, including, but not limited to: falls, injuries, death, damage to property, contact with other participants, effects of traffic, etc. I, for my heirs, my assigns, and myself, waive and release the City of Portsmouth, the Town of Rye, the Town of New Castle, Great Bay Services, Runner's Alley, any and all sponsors of this race, race volunteers, and the State of N.H. from any and all claims and liabilities of any kind whatsoever arising from my voluntary participation in this event, regardless of whether such liability results from the carelessness or negligence of those named in this waiver. No headphones, rollerblades, skateboards, strollers or pets allowed. All entry fees are non-refundable.

Signature (A guardian's signature is required if the entrant is under 18 years of age)

Please check this box to acknowledge that headphones are prohibited in the Seacoast Half Marathon.

**Send completed application and payment to:**

Seacoast Half Marathon  
c/o Runners Alley  
104 Congress Street  
Portsmouth, NH 03801

Make checks payable to: Great Bay Services  
(Great Bay Services is this year's race beneficiary)  
Entry Fees (non-refundable): \$50 until 10/31/10  
\$60 until 11/12/10

**No Race Day Registration**